

West Bann Development - January - March 2024 Courses & Activities											
Course Title	Course Description/Content	Course Code	Start Date	Finish Date	Course Holidays	Duration	Day	Time Slot	Standard Tuition Fee	Reduced Fee	Fee for Residents of Heights/ Killowen
Business, Administration and Health Care Programmes Enhance your job prospects!!											
Sewing Machine Techniques for Beginners	Learn everything you need to know to become a sewing pro. You will be given practical tips as well as learn how to make alterations to garments. You will also make an item from scratch.	SMT/24/01	15 January 2024	19 February 2024	TBC	6 Weeks	Monday	6:30pm - 8:30pm	£60		£60
Essential Skills ICT (Computers) Level 1 & 2	Level 1 & 2 award in ICT is tailored to your current IT skills and will help you develop these further.	ESIT/24/01	22 January 2024	03 June 2024	TBC	15 Weeks	Monday	10:00am - 1:00pm	FREE	FREE	FREE
Essential Skills Communication (English) Level 1 & 2	Develop your speaking & listening, reading & writing skills. Engage easily with others. Level 2 comparable to GCSE.	ENG/24/01	Register your expression of interest now by calling West Bann on 028 7032 7859 or e:mail info@westbann.com		TBC	15 Weeks	TBC	TBC	FREE	FREE	FREE
OCN NI Level 2 Award in Managing Challenging Behaviour	Qualification designed to enable the learner to understand the reasons for and the effects of challenging behaviour in children and young people, how challenging behaviour may be managed and what support is available.	MCB/24/01	20 February 2024	26 March 2024	TBC	6 Weeks	Tuesday	6:30 pm - 8:30 pm	£30	N/A	£30
									Accreditation £29		
Essential Skills Level 1 & 2 - Maths (Communication of Numbers)	Learn to understand basic arithmetic skills including addition, subtraction, multiplication and division. Level 2 is equivalent to a grade C GCSE and sought after by many employers.	MATH/24/01	24 January 2024	05 June 2024	TBC	15 Weeks	Wednesday	6:00pm - 9:00pm	FREE	FREE	FREE
Level 2 Awareness of Dementia	Develop your knowledge and understanding of dementia. Learn about the factor that can affect communication and interaction with those with dementia using a person centred approach.	DA/24/01	10 January 2024	06 March 2024	TBC	10 Weeks	Wednesday	6:30pm - 9.30pm	£42	N/A	£40
									Accreditation £39		
RSPH Level 2 Award in Food Hygiene & Safety (Basic Food Hygiene)	A food safety qualification aimed at all those who prepare food or work within any sector of the food industry.	FSH/24/01	01 February 2024	29 February 2024	N/A	4 Weeks	Thursday	6:30pm - 9:00pm	£34	N/A	£30
									Exam Fee £25		
OCN NI Level 2 Floristry Skills Course	Learn about storing flowers, matching the rights flowers for the occasion and practice different design techniques. Please note that all students will be required to supply their own flowers.	FL/24/01	08 February 2024	25 April 2024	TBC	10 Weeks	Thursday	9:30am - 12:00 noon	£44	N/A	£40
									Exam Fee £38		
OCN NI Level 2 Understanding Mental Health & Well-being	Develop an awareness of Mental Health interventions and support strategies. Gain the knowledge and skills needed to work in roles that support Mental Health & Well-Being.	UMH/24/01	22 February 2024	11 April 2024	TBC	8 Weeks	Thursday	6:00 pm - 9:00 pm	£39	N/A	£35
									£29		
C & G Level 2 Computerised Account using SAGE	Develop your skills in computerised accounting using one of the most popular accounting systems in the world. Impress potential employers with your knowledge of the latest software.	SAGE/24/01	12 January 2024	22 March 2024	TBC	10 Weeks	Friday	9:30am-12:30pm	£48	£34	£50
									Accreditation £38		
Qualsafe Emergency First Aid at Work (Level 2)	A regulated and nationally recognised qualification designed for those who have a specific responsibility at work, to provide first aid in a range of emergency first aid situations.	FA/24/01	9th February 2024		TBC	1 Full day	Friday	9:30am-4:00pm	£30	N/A	£20
									Accreditation £10		
Introduction to Autism Spectrum - City & Guilds Level 2	Learn to recognise the main characteristics of those on the spectrum. Understand the range of the autism spectrum and complexity of social interaction for people with autism.	AS/24/01	Register your expression of interest now by calling West Bann on 028 7032 7859 or e:mail info@westbann.com		N/A	4 Weeks	TBC	6:00pm - 9:00pm	£30	£30	£20
									£16		
OCN NI Level 3 Working with Children with Special Needs	Learners will gain an understanding of special needs and the factors which affect learning. They will learn how to support individuals with special needs.	WCSN/24/01	Register your expression of interest now by calling West Bann on 028 7032 7859 or e:mail info@westbann.com		TBC	10 Weeks	TBC	6:00pm - 9:00pm	£48	£30	£40
									Exam Fee £32		
Level 2 Meeting the Needs of Learners with ADHD in the Maintstream Classroom.	The learner who gains this qualification will be able to work more effectively with people with ADHD and develop appropriate strategies to support the needs of this group of students.	ADHD/24/01	Register your expression of interest now by calling West Bann on 028 7032 7859 or e:mail info@westbann.com		TBC	4 Weeks	TBC	TBC	£29	N/A	£25
									Exam Fee £21		
Health and Well Being Courses/Treatments											
Pilates Beginners	Non-impact exercise class that can help increase strength, stamina, flexibility, tone muscles, improve posture, relieve back pain, reduce stress levels and prevent injury.	PILB/24/01	09 January 2024	26 March 2024	n/a	12 Weeks	Tuesday	8:00 - 9:00pm	£72	n/a	£48
Pilates Improvers		PILI/24/01	09 January 2024	26 March 2024	n/a	12 Weeks	Tuesday	5:30 - 6:30pm	£72	n/a	£48
Pilates Improvers		PILI/24/02	09 January 2024	26 March 2024	n/a	12 Weeks	Tuesday	6:45 - 7:45pm	£72	n/a	£48
Stretch & Tone	A variety of functional fitness exercises to tone core, upper and lower body muscles followed by stretches. This is a low impact class designed to be adaptable to participants of all levels.	YOG/24/01	08 January 2024	25 March 2024	n/a	12 Weeks	Monday	7:00 - 8:00pm	£72	n/a	£48
		YOG/24/02	08 January 2024	25 March 2024	n/a	12 Weeks	Monday	5:45 - 6:45pm	£72	n/a	£48
Reflexology	A holistic, relaxing, complementary health therapy that uses the application of gentle pressure to point on the feet which correspond to systems within the body. Treatments will be held in Angel Touch Therapies. Laurel Hill, Coleraine BT51 3AS	REF/24/01	Treatment dates: 16th January 2024, 13th February 2024 & 12th March 2024		(1hour Treatment per month for 3 months)		Tuesday	(6:00pm-9:30pm)	Heights and Killowen residents only		£15
		REF/24/02	Treatment dates: 18th January 2024, 15th February 2024 & 14th March 2024		(1 Treatment per month for 3 months)		Thursday	(9.30am-1:00pm)			£15